

Someone's *life* depends on *YOU*.

Automated red cell donation *Double your reasons to give!*

- Double red cell donors donate two units of red cells at one donation which can help **two** patients who need this lifesaving component.
- Double red cell donors report that they prefer the smaller needle used for their donation.
- Fluid replacement that is provided during a double red cell donation helps many donors feel even better after giving blood.
- Double red cell donations, which help twice as many patients, will only take these donors about 15 to 20 minutes longer than a routine donation.
- Double red cell donors can give twice the number of red cells in half the number of donations.
- Double red cell donors can't donate as often. They are only eligible to donate three times a year, so they receive fewer recruitment calls than whole blood donors.

Donors with the blood types O and B can give more of the red cells our patients need most!
(63 percent of all transfusions are red cells)

Who can donate double red cells?		
	<i>Female</i>	<i>Male</i>
Minimum height	5'5"	5'1'
Minimum weight	150 lbs.	130 lbs.
Iron Level	40%	40%

