

# Someone's *life* depends on *YOU*.

## How to design a blood drive poster

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*When your art department or recruitment committee designs your blood drive posters, make sure they include the information in bold below and make it large enough to be read from a distance:*

**(school name)  
Blood Drive**

**Day of the Week and Date:**

**Time:**

**Location:**

**Schedule your appointment with/at:** (name, location)

(And always include this:)

**Drink plenty of fluids!**

**Eat a good meal before you donate!**

**Bring a picture ID to the blood drive!**

**Must be 16 years old to donate and weigh at least  
110 pounds.**

**Written parental consent is required for 16-year-olds to  
donate blood.**

