

*Someone's **life** depends on **YOU**.*

General health

Most medical conditions are acceptable for blood donation. Heart, lung, cancer and bleeding disorders can be evaluated prior to blood donation by calling our Customer Service Advocate at (804) 2134214 or (800) 989-2201.

Vital Signs/Mini Physical Requirements:

Blood pressure	Minimum	90/50
	Maximum	180/100
Temperature	Maximum	99.5
Weight	Minimum	110 pounds
Pulse	Minimum	50
	Maximum	100
Hemoglobin/ Hematocrit	Minimum	12.5/38
	Maximum	19/58

