

# Someone's *life* depends on *YOU*.

## Automated red cell donation *Double your reasons to give!*

- Double red cell donors donate two units of red cells at one donation which can help **two** patients who need this lifesaving component.
- Double red cell donors report that they prefer the smaller needle used for their donation.
- Fluid replacement that is provided during a double red cell donation helps many donors feel even better after giving blood.
- Double red cell donations, which help twice as many patients, will only take these donors about 15 to 20 minutes longer than a routine donation.
- Double red cell donors can give twice the number of red cells in half the number of donations.
- Double red cell donors can't donate as often. They are only eligible to donate three times a year, so they receive fewer recruitment calls than whole blood donors.

**Donors with the blood types O and B can give more of the red cells our patients need most!**  
(63 percent of all transfusions are red cells)

## Who can donate double red cells?

*(In 2011 acceptable height for female donors has been lowered from 5'5" to 5'3")*

Allogeneic Male Donors		Allogeneic Female Donors	
Weight:	≥ 130 lbs	Weight:	≥ 150 lbs
Height:	≥ 5'1"	Height:	≥ 5'3"
Hematocrit	≥ 40%	Hematocrit:	≥ 40%
Hemoglobin	≥ 13.2 mg/dl	Hemoglobin:	≥ 13.2 mg/dl

